Comprehensive Vocational Rehabilitation Program



Essential Training and Skills for DeafBlind Individuals on the Path to Employment

#### **Overview of Program**

Helen Keller National Center (HKNC) stands out as the sole vocational and rehabilitation program in the United States offering comprehensive services to individuals who are DeafBlind or have a combined hearing and vision loss seeking to enhance their skills and achieve their goals. Our renowned Comprehensive Vocational Rehabilitation Program (CVRP) attracts participants from all corners of the country who come to HKNC's scenic campus located in Sands Point, New York, to receive top-notch training in adaptive technology, vocational services, orientation and mobility, communication, independent living, and more.

HKNC's team of experts will collaborate with you to craft a tailored action plan that aligns with your needs and goals. Training is highly practical and geared towards real-world scenarios, providing you with the necessary skills to reach your objectives. With personalized coaching, advanced technology, immersive learning, and a supportive community of individuals who have faced similar challenges, the experience is unparalleled.







HelenKeller.org

# **Independent Living**

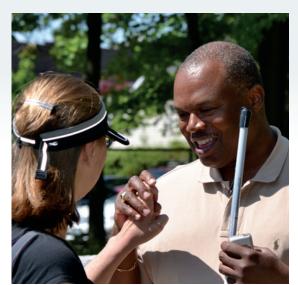
**HKNC** will work together with you to increase your independence at home and in the community by providing training on innovative technologies and effective strategies.

Our team of independent living instructors is dedicated to equipping you with the tools you need to manage your home safely and efficiently. Training covers a range of essential skills, from cooking and cleaning to budgeting, shopping, and managing bills. We recognize that living independently requires mastering a variety of tasks, and we'll work closely with you to build your confidence and competence. The instructors will provide you with personalized coaching and support, ensuring that you meet your goals.

### Orientation & Mobility

Travel should not be a barrier to independence. We will work with you to provide you with the skills and strategies to help you travel as independently as possible. Through our comprehensive training program, you'll learn how to navigate unfamiliar environments, utilize public transportation, and mitigate risks while traveling.

The instructors will guide you in selecting the appropriate travel aids, such as a white cane or street-crossing cards, to ensure your safety and comfort. You'll also develop effective communication strategies to use while traveling to your place of work and in your community.



#### **Vocational Services**

We are committed to helping you compete and succeed in today's job market. The training offered by the CVRP program across technology, communications, orientation & mobility, and independent living is crucial to helping you find a job and thrive in your career. Our team of employment experts will work closely with you to identify your strengths and interests and explore a variety of community worksites to develop the skills and strategies you need to succeed.

Finding fulfilling careers requires personalized support and **HKNC**'s instructors will provide you with individualized coaching to help you achieve your goals. The program has a proven track record of success, with participants finding rewarding careers in areas ranging from restaurants and retail work to business management and software development.

## **Communication Training**

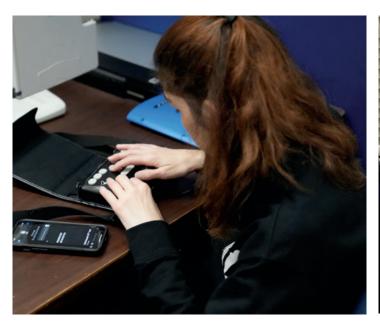
Effective communication is essential to achieving personal and professional goals. **HKNC**'s team of experts are dedicated to providing you with the support needed to meet your communication goals.



**HKNC**'s communication training is tailored to your specific needs and preferences, whether you're interacting in your community or in your workplace. The communication instructors will work closely with you to identify your best approach to communication strategies, including braille, sign language, and haptics. **HKNC**'s inclusive environment encourages collaboration and fosters learning, creating a supportive community where you can develop your communication skills with confidence.

**Additional services include:** Audiology, Low Vision, Rehabilitation Counseling, Creative Arts, Medical, Mental Health, and Interpreting.

### **Adaptive Technology**





**HKNC**'s highly skilled instructors are dedicated to helping you achieve your goals with the assistance of technology. The instructors have extensive experience and expertise in the field, and because technology plays a critical role in today's workplace, **HKNC**'s team of instructors will guide you in selecting the right tools to enhance your skills.

The Adaptive Technology Center (ATC) is equipped with the latest and most advanced adaptive equipment and software, providing you with access to cutting-edge technology. The ATC specializes in individualized training, creating an environment where you can explore a range of mobile, desktop, and telecommunications solutions, ensuring that you receive the training to reach your personal and professional goals.





#### **SCAN HERE**



# Regional Representatives

If you would like to speak with a regional representative about resources & services in your area, go to the Regional Network webpage for contact information:

www.helenkeller.org/regional-network

- New England Region CT, ME, MA, NH, RI, VT
- Mid-Atlantic Region
  NJ, NY
- East Central Region
  DE, DC, MD, PA, VA, WV

- Southeast Region A
  AL, FL, GA, MS, VI
- Southeast Region B
  KY, NC, PR, SC, TN
- North Central Region
  IL, IN, MI, MN, OH, WI

- 6 South Central Region AR, LA, NM, OK, TX
- Great Plains Region
  IA, KS, MO, NE
- Rocky Mountain Region
  CO, AZ, ND, SD, UT

- Southwest Region CA, HI, NV, GU, AS, CNMI
- Northwest Region
  AK, ID, OR, WA, MT, WY

#### Headquarters

141 Middle Neck Road Sands Point, NY 11050

















