

**DIRECTIONS TO: HELEN KELLER NATIONAL CENTER (HKNC)  
141 MIDDLE NECK ROAD  
SANDS POINT, NY 11050  
(516) 944-8900 (VOICE), (516) 944-8637 (TTY)  
(516) 944-7302 (FAX)  
E-Mail: hkncinfo@hknc.org**

**1. RAILROAD**

Penn Station, New York City  
Long Island Railroad to Port Washington (Last Stop)  
Delux Taxi Service (516.883.1900) to Helen Keller National Center  
(Taxi office is to the right of the station house).

**2. AUTOMOBILE**

**Traveling Eastbound** (toward Riverhead)

Take the Long Island Expressway (495) to Searingtown Road/Port Washington (Exit 36).  
Go left (north) at the traffic light onto Searingtown Road.

*Follow Searingtown Road\* 7 miles to Village of Sands Point.  
HKNC entrance is on the right directly after entrance to Sands Point Park.*

*\*Searingtown Road becomes Port Washington Boulevard and then Middle Neck Road.*

**Traveling Westbound** (toward New York City)

Take the Long Island Expressway (495) to Searingtown Road/Port Washington (Exit 36).  
Go right (north) at the traffic light onto Searingtown Road.  
Follow italicized directions above.

**From Connecticut and North**

Take Connecticut Turnpike West (95) or Hutchinson River Parkway South to Throgs Neck Bridge.

Cross Throgs Neck and exit at Cross Island Parkway South.

Follow Cross Island Parkway to Long Island Expressway (495) East  
See "Traveling Eastbound" above.

**From NJ and south**

NJ Turnpike (Route 95) north to "440 Outerbridge Crossing" exit.

Follow signs to Staten Island and Verranzano Bridge.

Cross Verranzano Bridge and follow signs to Belt Parkway East (toward Kennedy Airport).

Take Belt Parkway East past Kennedy Airport and follow signs to Cross Island Parkway North (toward Whitestone Bridge).

Take Cross Island Parkway north to Long Island Expressway (495) east.  
See "Traveling Eastbound" above.