

# Mobility Hygiene Tip-Sheet

The purpose of this Tip-Sheet is to increase awareness of travel-related items that require routine cleaning used by the deaf-blind community. Helen Keller National Center recommends that individuals follow Center for Disease Control (CDC) guidelines to ensure you are using effective solutions for cleaning. Individuals should also refer to the manufacturer's specific instructions on how to clean each aid, tool, and device.

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## MOBILITY TOOLS

- ⇒ White Cane- ensure to clean each piece according to their material type.  
[Video: How to Clean Your Cane](#)
- ⇒ Electronic Travel Aids: Miniguide, Sunu Band, etc.
- ⇒ Support Cane
- ⇒ Crutches, Brace, or Trekking Pole
- ⇒ Wheelchair
- ⇒ Walker
- ⇒ Hearing Aids and/ or Cochlear Implants
- ⇒ Eye Glasses: Indoor & Outdoor

## ACCESSORIES

- ⇒ Cell Phone and/or Tablets
- ⇒ Braille Displays
- ⇒ Communication Cards & Books
- ⇒ Pens & Markers
- ⇒ Portable Magnification Device
- ⇒ Listening Devices or Headphones
- ⇒ Wallet, Purse, and/or Travel Bag
- ⇒ Signature Guide
- ⇒ Credit Cards & Transit Cards
- ⇒ [Video: Clean Reusable Face](#)

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## DOG GUIDE CONSIDERATIONS

HARNESS Clean each piece according to their material type. When cleaning a leather harness, soap and water can be applied, but do not submerge. Leather cleaner can also be used followed by a leather conditioner.

DOG Wipe the dog's body and paws after every outdoor walk/trip with baby wipes or soap and water.

SCHOOL Contact your respective dog guide school for additional questions that may be specific to your other equipment and dog guide.

**Links:** [Leader Dogs for the Blind](#)   [Guiding Eyes for the Blind](#)   [Guide Dog Foundation](#)